I have RIGHTS!

R	I	G	H	T	S
Anger	Right to be Cared for	Grades	Sleep	Friends	School
Parents/ Guardians	Siblings	Home	Right to be Safe	Feelings	Worried
Strangers	Neglect	Bathing Suit	Advocate for Yourself	Role Models	Isolation
Right to Get Help	Safety	Stress	Secrets	Adult Help	Harassment

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Right to be Cared for	Right to be Safe	Grades	School	Friends	Strangers
Parents/ Guardians	Siblings	Bathing Suit	Adult Help	Anger	Home
Sleep	Role Models	Secrets	Advocate for Yourself	Worried	Safety
Right to Get Help	Harassment	Stress	Neglect	Feelings	Isolation

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Adult Help	Right to be Safe	Grades	Sleep	Friends	Strangers
Parents/ Guardians	Siblings	Bathing Suit	Right to be Cared for	Anger	Role Models
School	Home	Neglect	Advocate for Yourself	Worried	Safety
Right to Get Help	Isolation	Stress	Secrets	Feelings	Harassment

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Stress	Role Models	Grades	Sleep	Friends	Siblings
Parents/ Guardians	Strangers	Bathing Suit	Feelings	Anger	Right to be Safe
Home	Neglect	School	Advocate for Yourself	Worried	Harassment
Right to Get Help	Isolation	Adult Help	Secrets	Right to be Cared for	Safety

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Harassment	Friends	Grades	Anger	Siblings	Strangers
Parents/ Guardians	Right to be Safe	Bathing Suit	Right to be Cared for	Sleep	Home
School	Worried	Right to Get Help	Advocate for Yourself	Role Models	Safety
Isolation	Neglect	Stress	Secrets	Feelings	Adult Help

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Adult Help	Right to be Safe	Home	Right to be Cared for	School	Secrets
Parents/ Guardians	Siblings	Bathing Suit	Sleep	Isolation	Role Models
Friends	Grades	Neglect	Advocate for Yourself	Worried	Safety
Right to Get Help	Anger	Stress	Strangers	Feelings	Harassment

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Adult Help	Right to be Safe	Stress	Sleep	Friends	Home
Parents/ Guardians	Feelings	Role Models	Right to be Cared for	School	Bathing Suit
Anger	Strangers	Neglect	Advocate for Yourself	Worried	Safety
Right to Get Help	Isolation	Siblings	Secrets	Grades	Harassment

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R	I	G	H	T	S
Parents/ Guardians	Secrets	Grades	Strangers	Neglect	Sleep
Adult Help	Safety	Bathing Suit	Right to be Cared for	Anger	Role Models
Isolation	Home	Friends	Advocate for Yourself	Worried	Siblings
Right to Get Help	School	Stress	Right to be Safe	Feelings	Harassment

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R	I	G	H	T	S
Adult Help	Siblings	Anger	Sleep	Isolation	Neglect
Role Models	Right to be Safe	Bathing Suit	Right to be Cared for	Grades	Parents/ Guardians
School	Right to Get Help	Strangers	Advocate for Yourself	Harassment	Worried
Home	Friends	Stress	Secrets	Feelings	Safety

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R	I	G	H	T	S
Bathing Suit	Advocate for Yourself	Grades	Secrets	Friends	Role Models
Harassment	Siblings	Adult Help	Right to be Cared for	Sleep	Home
School	Isolation	Neglect	Right to be Safe	Worried	Safety
Right to Get Help	Strangers	Stress	Anger	Feelings	Parents/ Guardians

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Adult Help	Right to Get Help	Grades	Sleep	Anger	Strangers
Parents/ Guardians	Siblings	Bathing Suit	Right to be Safe	Home	Role Models
School	Friends	Feelings	Advocate for Yourself	Worried	Safety
Right to be Cared for	Isolation	Stress	Secrets	Neglect	Harassment

I have RIGHTS!

RIGHTS Bingo word list (print & cut out to draw from hat)

Adult Help	Right to be Safe	Grades	Sleep	Friends	Strangers
Parents/ Guardians	Siblings	Bathing Suit	Right to be Cared for	Anger	Role Models
School	Home	Neglect	Advocate for Yourself	Worried	Safety
Right to Get Help	Isolation	Stress	Secrets	Feelings	Harassment

I have RIGHTS!

Materials:

-1 classroom set of RIGHTS Bingo game cards (be sure to include the 11 different versions provided)

-1 copy of the RIGHTS Bingo word list (copy & cut out individual words to place in a box, hat, bag, etc.)

-RIGHTS Bingo markers-you can use buttons, dried beans, pasta, cut up pieces of paper, etc.

-Copy of the RIGHTS Word Descriptions (**for facilitator use only**)

Game Instructions:

1. Give each student a RIGHTS Bingo game card and some bingo markers.
2. Explain that you are going to be playing a game called RIGHTS, which is similar to Bingo. The RIGHTS game focuses on specific issues that some students deal with. The topic we are talking about today is Child Abuse & Neglect.
3. Have a student come to the front of the room to choose one RIGHTS word out of the box. The student can act out the word (similar to Charades) or describe the word without using the actual word.
4. After a student correctly guesses the word, ask him/her to talk about how the word could be related to Child Abuse & Neglect.
5. When a student has five markers in a row, he/she can call out, "I have RIGHTS!"
6. In order to officially win the RIGHTS Bingo game, the student should name each of the five words on their board and relate them to Child Abuse & Neglect.
7. Allow time for class discussion if any questions/topics of concern arise, and begin playing as many rounds as time allows. Feel free to play Four Corners, Blackout (cover the entire board), only horizontal, etc.
8. Have fun ☺

RIGHTS Word Descriptions:

Anger-a feeling word that typically covers another feeling we have inside; similar to mad, frustrated

Adult Help-realizing when we need to seek help from a grownup; tattling vs. telling

Advocate for Yourself-being able to stand up for your beliefs and your rights; showing your importance and being assertive

Bathing Suit-the places on our body that no one has the right to touch unless it is a doctor and we feel safe

Feelings-we experience a wide variety of emotions; all feelings are okay

Friends-the people you like to spend time with at school and outside of school; shared interests

Grades-a number or letter that is given by your teachers for your classwork, projects, and homework

I have RIGHTS!

Harassment-when someone is repeatedly bothering another person; verbally or physically; requires adult help

Home-the place where you live; right to shelter, food/water, safety

Isolation-feeling withdrawn from others; lonely

Neglect-when children's rights are not being taken care of and they need help from adults and sometimes outside agencies

Parents/Guardians-the adults you live with at home

Right to Be Cared for-includes the right to shelter, food/water & education

Right to Be Safe-you have the right to feel safe at all times

Right to Get Help-seeking advice and support from a grownup when we feel bothered and confused; includes parents, teacher, counselor, principal, etc.

Role Models-individuals that you look up to and admire for positive reasons

Safety-protection from harm for yourself and others

School-a SAFE place where you go to learn

Secrets-information we protect and keep private from others

Siblings-brothers or sisters living in your house or another house

Sleep-how long and how well we sleep each night is important; the quantity and quality of our sleeping habits can change

Strangers-adults or children that you and your family do not know

Stress-things that bother you and cause you to feel overwhelmed; homework, friends, family members

Worried-feeling nervous or anxious about something happening at school, at home, or in the neighborhood